



1 Year of Home and Away Day Respite



July marks one year of the Home and Away Day Respite service with Sandwell Shared Lives.

The Home and Away Day Respite service is a respite provision that is designed for family carers to have a daybreak, focus on their wellbeing and refrain from neglecting their self-care following the Covid pandemic.

A was the first day respite placement, where he was matched with Shared Lives Carers Charlotte and Dennis. Adrian had not accessed any form of respite previously and his main carer had contacted the service to request some additional support.

A has been accessing regular day respite sessions over the past year and his main carer told us this additional support has been ‘fantastic’ and ‘a big help’.

A has been developing his independence, enjoying days out and spending time with his Shared Lives Carers and their families. He told us he loves going to respite.



