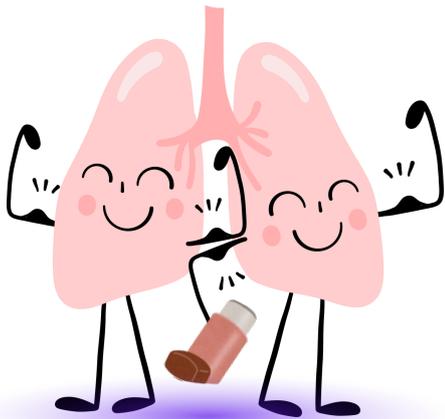


A Joined-Up Approach to Asthma Friendly Schools



**Three programmes.
One goal:**

safer and healthier school environments
for children with asthma

Around 1 in every 11 pupils has asthma

These three programmes work together to help schools reduce asthma triggers, improve local air quality, and strengthen staff confidence in managing asthma. They also support pupils wellbeing and help to reduce avoidable absences linked to asthma. The programmes align with the PSHE curriculum, Healthy Schools priorities, and wider safeguarding duties, and are fully funded so there is no cost to the school.



Asthma Friendly School Accreditation – supporting safe, consistent child asthma management and staff training in schools.



Modeshift STARS Accreditation – reducing traffic-related air pollution and asthma triggers around the school gates



Auntie Duck Air Quality Education Programme – helping pupils understand air quality and its impacts on health and asthma in an age-appropriate way

Next steps

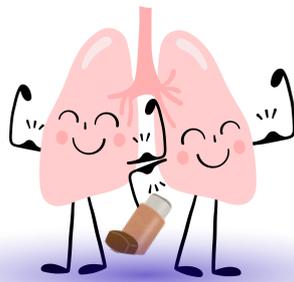
If you would like to find out more, just email one of the contacts provided below and we will guide you through the process and connect you to the right support:

lisa.cummings1@nhs.net (Asthma Friendly Schools)

swbh.shnsandwell@nhs.net (Sandwell School Nursing Team)

suzy_street-hall@sandwell.gov.uk (Active Travel Officer)

auntie_duck@sandwell.gov.uk (Auntie Duck Education Programme)



What does an Asthma Friendly School Look Like?



- Follows the local authority's recommended asthma policy.
- Has a designated asthma lead/champion on staff.
- Keeps an up-to-date asthma register for all children with asthma.
- Makes sure staff complete baseline and annual asthma training.
- Ensures staff can recognise and respond appropriately to an asthma attack.
- Ensures children have easy access to their reliever (usually blue) inhaler at all times.
- Provides a school emergency inhaler and spacer in line with legislation, or makes sure that each child has a safely stored spare inhaler on site.

Find out more or apply at:

www.blackcountry.icb.nhs.uk/your-health/healthadvice/asthma/asthma-friendly-schools

Or email: lisa.cummings1@nhs.net



- Has tailored travel plans to help reduce traffic-related air pollution from school travel.
- Promotes active travel i.e. walking, cycling, and scooting.
- Holds anti-idling campaigns to reduce pollution outside the school gates.
- Reduces pupil's exposure to asthma triggers.
- Has 'Asthma Friendly School' accreditation which also supports Modeshift STARS accreditation.

For more information, email:

suzy_street-hall@sandwell.gov.uk



- Actively engages in the Auntie Duck Air Quality Education Programme with Key Stage 2 pupils.
- Uses the PHSE-aligned lessons plans and resources to help pupils understand air quality and its impact on health, including asthma.
- Achieves awards for sustained participation in the programme.
- Can celebrate participation with a special visit from Auntie Duck!

For more information, email:

auntie_duck@sandwell.gov.uk



The School Nursing Service can also help your school become asthma friendly by:

- Offering Virtual Response Training (VRT) for all school staff.
- Supporting the management of medical needs for children and young people, including those requiring an Individual Healthcare Plan.

For more information and advice:

Phone: 0121 612 2974

Email: swbh.shnsandwell@nhs.net

Online: www.swbh.nhs.uk/services/sandwell-school-nursing