Foster Care Training Plan
April 2017
Welcome and introduction

I am pleased to introduce you to the latest edition of the Training, Support and Development plan for foster carers in Sandwell. As a fostering service we recognise the important role that you play in caring for our children and young people. We have provided you with a range of training and development opportunities to develop your skills in meeting the needs of looked after children.

I would encourage you to look through the pages and plan your training and attendance with your supervising social worker as part of your Personal Development Plan. There are a range of opportunities for both new and experienced carers.

The training courses are designed to support your completion of the evidence workbook for the Training, Support and Development Standards for Foster Care. All existing carers need to complete the standards and newly approved carers should complete them within twelve months of their approval.

We endeavour to be a listening council and it is only through your feedback regarding the courses you attend as to whether they are beneficial and relevant to helping you understand the complex behaviours of some of the children in your care that we can plan and improve them going forward. So please make your views known both to the course facilitators and your supervising social workers.

I wish to again take this opportunity to thank you on behalf of Sandwell MBC for the commitment and care you provide on a daily basis for our children and young people.

Tracy Collins
Group Head for Looked After Children and Permanency
Introduction

The Every Child Matters outcomes form the basis of our courses and each course also has some underpinning knowledge or evidence for the TSD (CWDC) Induction Standards. All of the training offered meets aspects of the Fostering Services, National Minimum Standards, Standard 20 – Learning and development of foster carers. Outcomes:

• Foster carers receive the training and development they need to carry out their role effectively

• A clear framework of training and development is in place and this is used as the basis for assessing foster carers’ performance and identifying their training and development needs

We are pleased to introduce new training opportunities, provided by our expert agencies within Sandwell to bring you a training programme that will provide you with the skills and knowledge to support your continuing professional development.

Inclusion Support
Early Years Team
Drug Education Counselling and Confidential Advice (DECCA)
Looked After Children in Education (LACE)
Child and Adolescent Mental Health Service (CAMHS)
Sandwell Adult & Family Learning (SAFL)
Public Health England
Sandwell Safeguarding Children’s Board (SSCB)
Out to Play Team

The Training, Support and Development (TSD) Standards

All foster carers are required to meet the TSD standards within their first 12 months of approval (or 18 months for Family and Friends Carers). These standards were formerly known as the Children’s Workforce Development Council (CWDC) standards, but they are now administered by the Department for Education. The Children’s Workforce Development Council (CWDC) no longer exists. The standards are:

• Standard 1: Understand the principles and values essential for fostering CYP
• Standard 2: Understand your role as a foster carer
• Standard 3: Understand health and safety, and healthy care
• Standard 4: Know how to communicate effectively
• Standard 5: Understand the development of children and young people
• Standard 6: Keep children and young people safe from harm
• Standard 7: Develop yourself

All learning events in this brochure have been matched to the TSD standards. Your social worker will meet with you regularly and as part of these meetings they will discuss any learning needs you may have and identify training that will be of most help to you. If you have not yet completed the TSD standards you should prioritise those learning events which are more relevant to the standards. You are very welcome to attend any or all of the training offer.

Visit www.education.gov.uk

In the search box type “TSD standards”
Training, Support and Development (TSD) Standards Support Groups

The Fostering Team will hold Training, Support and Development (TSD) Standards Support Groups to help foster carers meet the requirements, get advice and ask questions.

The support groups will be held at Oldbury Council House, Freeth Street, Oldbury, B69 3DE.

Dates; 8th, 15th, 22nd May; 12th, 19th, 26th June 2017

Website

We have put together a website especially for you. The website hosts the Foster Carer Handbook, which is designed to be a live document, continually kept up to date. The website also contains the Foster Carers’ Charter as well as other relevant information you may find useful in your roles. The latest addition to the website is the Training Catalogue; this is a document advertising the training that we as a council are offering you to help support you in your role. Please take the time to have a look through the catalogue and see what is on offer.

Visit: www.sandwell.gov.uk

In the search box type in “Foster Care Charter”

Equal Opportunities

Sandwell is committed to ensuring that services we provide embrace diversity and promote equality of opportunity. We will not tolerate discrimination on the grounds of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex and sexual orientation. We want to ensure that all our training courses and the trainers we employ reflect this.

As a council, we will consider equality and diversity in everything we do, and it will play an important part in providing training opportunities and learning for foster parents and carers.

Foster Care Annual Review

All foster carers have an annual review, training and development are a key area of the review process, and like everyone else in the children and young people’s workforce continuing professional development is an on-going commitment.

Your performance review will look at the training you have attended in the past year, how this training has been incorporated into your practice and look at your development needs for the next year. Your fostering social worker will help and advise you on which courses are most relevant for the fostering tasks you undertake.

We will ensure that every application for a place on training courses is treated equally and we will endeavour to offer you a place if there is space, if we cannot offer you a place, your details will be placed upon the reserve list and a place will be offered to you if one becomes available. Priority will be given to you on the next available course if you so wish.

You will receive an e-mail notification and/or telephone call to confirm you have been booked onto the training you have requested.
Our Commitment to You

One week prior to training you will also receive a reminder e-mail and/or telephone call. We aim to start and finish each course on time to enable you to maintain your commitments.

We will only cancel a course if there is no other option and will make sure you know why this is and we will provide you with an alternative date.

Your Commitment

All approved foster carers are expected to complete all core training within 2 years of approval. It is very important that foster carers remain aware of their own continuing professional developmental needs as well as changes in the department, legislation and public opinion regarding the quality of care provided for looked after children.

Discussion or advice should be sought from your Fostering Social Worker if you are unsure whether a course is suitable for the fostering task you are currently undertaking.

We expect that you will attend courses you have reserved a place on; if you are unable to attend we expect that you will let us know as soon as possible to enable us to offer the space to someone else.

We expect all participants to have read, understand and abide by the Learners Agreement.
Learners Agreement

Supervision with Fostering Social Worker

Prior to training, I will discuss and agree the training with my Fostering Social Worker

• I will check that the aims and objectives are suitable for my role
• I will feed back learning to my Fostering Social Worker and Colleagues

Special Requirements

• I will inform the Learning & Development Team and my Supervising Social Worker of any special requirements and needs that might reasonably be supported

Attendance & Punctuality

• I will be punctual, arriving 15 minutes prior to the course start time for registration
• I will not be admitted into a training course if I am 30 minutes late or more.
• I will attend the full day, and will not be issued a certificate if I leave early

Respect, Safety & Integrity

• I will treat my fellow delegates and trainers with respect and behave with integrity
• I will model anti-discriminatory practice throughout the session
• I will respect the facilitators’ and delegates’ views, opinions and diversity

Confidentiality

• I will maintain confidentiality regarding cases discussed and delegates’ personal disclosures during training
• If I or the facilitators have concerns about poor practice, or the wellbeing of children or young people, I understand that confidentiality will be broken, but efforts will be made to include those concerned

Evaluation & Quality Assurance

• I will complete the Training Evaluation form on the day
• I will discuss what I have learnt with my Fostering Social Worker and the impact it has had on the outcomes for CYP in my care
Core Training

The Core Training Programme offers a series of courses to newly approved foster carers and an opportunity for more experienced carers to refresh their knowledge.

Each course offers participants the chance to look at each course topic to gain a basic understanding of the subject and is an opportunity to develop further the learning from the focus on fostering training.

All foster carers are individually invited to attend training in their own right, in line with Fostering Services National Minimum Standards.

There is an expectation that both partners will attend core training and that all Core Training will be completed by both partners within 2 years of approval, however, both carers do not have to attend at the same time.

Foster carers are required to attend the following Core Training as part of their fostering commitment:

1. Health & Safety
2. Understanding Attachment & Child Development
3. Managing Challenging Behaviour
4. Understanding Child Sexual Exploitation
5. Artemis e-learning
6. WRAP Workshop to Raise Awareness of Prevent
7. E-Safety
8. Paediatric First Aid
9. Raising Educational Aspirations
10. Bereavement and Loss for Looked after Children

**Newly approved foster carers** need to attend all Core Training within 2 years of approval, we recommend that every new foster carer should complete the following within the first year of fostering:

- Artemis Module - Safeguarding Children and Young People Level 1
- Paediatric First Aid

**Plus three Core Training courses** (identified in consultation with your Fostering Social Worker)

**Support Carers** are required to attend the following Core Training within the first year of fostering:

- Child development and Attachment
- Paediatric First Aid
- Artemis Module - Safeguarding Children and Young People Level 1 Protection

**All Approved Carers** are required to attend Core Training not already undertaken.

Please remember Paediatric First Aid must be completed every 3 years. It is also good practice to consider re-attending training every few years to update you on changes in practice/legislation.
Getting in touch and applying for a course

Sandwell Council - Human Resources Development (HRD) Team work in partnership with the Fostering Team to deliver the Foster Care training programme.

Contact either Louise Harris 0121 569 4436 or Alan Mainwaring 0121 569 4474 or email csc_learndev@sandwell.gov.uk

It’s important that we have the right contact details for you. You can update these details simply by calling your social worker or by contacting us using the details above.

Email updates

You can organise all your development needs via email! Get a copy of this brochure, receive the latest training notifications and book onto courses via email. We’ll even send you a PDF copy of your certificate via email on request.

Simply email us at csc_learndev@sandwell.gov.uk with any questions or to notify us of your email address.

Certificates

We issue certificates to all those who are recorded as having attended a learning event and who have successfully completed any assessment requirements, if applicable. We have a number of courses that are accredited and certificates will be issued directly from the accreditation centre, all other certificates will be given to you on the day. Certificates will also show links to the Training, Support and Development (TSD) Standards.

It’s important to sign the attendance sheet which will be circulated at every learning event; if you have not signed the attendance sheet, we will not have a record of you attending, and we will not be able to issue a certificate. If you are missing a certificate for a learning event which you attended previously, get in touch and we can tell you if we have an attendance record for you. If we do, or if your Fostering Social Worker can guarantee that you were there, we can issue a replacement certificate.

Evaluations

Our evaluation forms are used to help develop future training opportunities. We encourage all participants to think about what aspects could have been strengthened and what worked really well. Please consider how much the training will actually result in better outcomes for looked after children and young people in Sandwell. We welcome your honest feedback. Our evaluation forms will only be used to improve the programme. If you have any questions or would prefer to give feedback over the phone or via email, please get in touch.

Thank you for completing these important forms.
The foster carers forum is a platform that offers foster carers the opportunity to interact and engage with other carers and share your views to help shape the Fostering Service.
Training Locations

Training for foster carers will usually take place at the following venues:

- **Development House, Lombard St, West Bromwich, B70 8RT** (near to the Citizens Advice Bureau and next to Kinder House)
  - *(Free parking at rear of the building)*

- **Regional Business Centre, 1 Providence Place, West Bromwich, West Midlands, B70 8SZ**
  - *(Pay and display car parking in and around West Bromwich)*

- **Coneygre Arts Centre, Sedgeley Road East, Tipton, DY4 8UH**
  - *(Free parking)*

- **Connor Road Education Centre, Connor Road, West Bromwich, West Midlands, B71 3DJ**
  - *(Parking restriction on Connor Road)*
  - *(Free parking available on Charlemont Bowling Club, 46 Charlemont Road, West Bromwich B71 3DU)*

- **Yemeni Community Association in Sandwell Limited | Greets Green Access Centre, Tildasley Street, West Bromwich, West Midlands. B70 9SJ**
  - *(Free parking)*

- **Out to Play, Corbett Street, Smethwick, B66 3PX**
  - *(Free parking)*

Parking

Parking in and around West Bromwich can cost up to £4 per day. This can be claimed back along with your car mileage/bus/train fare. Please keep any receipts or parking tickets and give them to your Fostering Social Worker.
Training with other professionals

We recognise the importance and benefits of training with different professionals and therefore will be offering you a number of training opportunities run by Public Health and Sandwell’s Safeguarding Children’s Board. We hope this will encourage communication and links between your work and ours in promoting the safety and well-being of looked after children. As these events are open to all you may find the timings are outside of core training hours 10.00-14.30.

Training for support networks and families

We recognise the important role that family and friend networks play in supporting you as a carer. Therefore, where possible, we will open up our training events to your support networks. Please discuss any requirements with your Fostering Social Worker.

Evening and weekend training

We understand that due to work and other commitments, sometimes it may be difficult to attend training during the day on weekdays. In order to make our training more accessible to all, we are working closely with our Early Years Team colleagues who provide the following training:

- Paediatric First Aid
- Food Safety Level 2 CIEH
- Anaphylaxis Including Epi-pen
- Safeguarding Module 1

Please contact the Learning and Development Team direct if you would like to access this training.

Online training

We currently have access to Artemis online training which allows carers to complete different training modules online. Online training provides the flexibility of starting and pausing the training and carrying out the reading at a time that is convenient for you. There are a variety of subjects and topics available and each course will require between one and eight hours of learning to complete. Undertaking online training will also count towards the training courses you complete each year and help you to evidence your commitment to learning.

Courses available include:

- Information Sharing
- Integrated Working
- Child Protection Level 1 (Core)
- Child Sexual Exploitation
- Understanding Child Attachment (Core)
- Children’s Workforce Induction (Core)
- Working with Parents (Core)
- Working with Children & Young People with Disabilities (Core)
- Promoting Participation
- Emotional Well-being and Risky Behaviours
- Domestic Violence and Abuse
- A Signs of Safety Approach to Working with Families (core)
Foster Carers Forum

- Meet on a monthly basis
- Discuss matters that are important to you and receive quick updates
- Welcome your input towards planning future events organised by the forum
- Offer foster carers the opportunity to gain peer support and strengthen your professional network
- Meet professionals from the department and other agencies

The foster carers forums will be held at Gayton Road Community Centre on the following dates:

- 13 April 2017
- 11 May 2017
- 8 June 2017
- 13 July 2017
- 14 Sep 2017
- 12 Oct 2017
- 9 Nov 2017
- 14 Dec 2017
- 11 Jan 2018
- 8 Feb 2018
- 8 Mar 2018

Time: 10.00AM – 12.00PM

Foster Carers Forum Contacts

Mubarka Ahmad       07450386352
Marlene Edwards     07960427339
Ranjit Braar        07946 631934

Support Groups

The support group is designed for you to get information relevant to your role as a foster carer. You will receive updates about new policies and procedures. There is also opportunity to receive information about future events organised by Sandwell Council.

Support groups will be held bi-monthly at Oldbury Council House on the following dates:

Dates are planned for 2017; contact your Fostering Social Worker for further information and to book your place.
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Core Training

Level 2 Award in Health and Safety in the Workplace

The purpose of the qualification is to provide learners with the knowledge to identify workplace hazards and contribute to the positive health and safety culture within the workplace. The qualification contains subjects which are essential in maintaining a safe working environment.

Learning outcomes:

• Understand roles and responsibilities for health, safety and welfare in the workplace
• Understand how risk assessments contribute to health and safety
• Understand how to identify and control the risks from common workplace hazards
• Know the procedures for responding to accidents and incidents in the workplace

Dates and Times:

19th May 2017 9.30-4.30
13th & 14th September 10.00-2.00

Venue: Development House, Lombard St, West Bromwich, B70 8RT

(Free parking at the rear of the building)
The aim of the qualification is to provide learners with the knowledge and skills to manage an infant/child in an emergency and with suspected injuries and/or illnesses safely and promptly. This course is ideal for anyone who works with or comes into contact with infants and children in their working or voluntary roles e.g. foster carers, teachers, nursery staff etc. This course is also ideal for parents and families with young children.

This qualification is valid for 3 years. There is no requalification course which reduces the course duration. Once the qualification has expired, or due to expire the learner is required to undertake the course again in order to maintain the qualification.

- Understand the role and responsibilities of the paediatric first aider
- Be able to assess an emergency situation safely
- Be able to provide first aid to an infant/child who is unresponsive and breathing normally
- Be able to provide first aid to an infant/child who is unresponsive and not breathing normally
- Be able to provide first aid to infant/child who has a foreign body
- Be able to provide first aid to an infant/child with external bleeding
- Understand how to provide first aid to an infant/child who is suffering from shock
- Understand how to provide first aid to an infant/child with anaphylaxis
- Be able to administer first aid to an infant/child with injuries to bones, joints and muscles
- Be able to administer first aid to an infant/child with head and spinal injuries
- Understand how to administer first aid to an infant/child with conditions affecting the eyes, ears and nose
- Understand how to administer emergency first aid to an infant/child with a chronic medical condition or sudden illness
- Understand how to administer first aid to an infant and a child who is experiencing the effects of extreme heat or cold
- Understand how to administer first aid to an infant/child who has sustained an electric shock
- Understand how to administer first aid to an infant/child with burns or scalds
- Understand how to administer first aid to an infant/child who has been poisoned
- Understand how to administer first aid to an infant/child who has been bitten or stung
- Understand how to administer first aid to an infant/child with minor injuries
- Understand how to complete records relating to illnesses, injuries and emergencies

You will also be provided with training on how to deal with the following:

- Adult Cardiopulmonary Resuscitation (CPR)
- Adult Choking
- Heart conditions (including - Aspirin & Glyceryl trinitrate)
- Administration of an Epi Pen to a conscious and unconscious casualty

**Dates:**

16th, 17th, 18th May 2017
5th 6th, 7th July 2017
18th, 19th 20th September 2017
21st, 22nd 23rd November 2017

**Time:** 10.00am - 2.30pm

**Venue:** Development House, Lombard Street, West Bromwich, B70 8RT
This course will show you the different stages of physical and emotional development in children. You will consider why it is important to know about child development and discuss what happens when development goes wrong.

**Learning outcomes:**

- Introduction to attachment theory
- Outline patterns of attachment
- Consider why it might be useful as foster carers to think about attachment
- Brain development and attachment
- Thinking about patterns of attachment

**This course is run over 3 days**

**Dates:**

4th, 9th, 10th May 2017
29th September, 4th, 5th October 2017

**Time:** 10:00am-2:30pm

**Venue:** Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ

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**Raising Educational Aspirations**

**Learning outcomes:**

- Current legislation supporting the education of children in care
- Supporting carers to maximise pupil potential
- Delivering effective services to improve outcomes
- Attachment aware schools

**Dates:**

6th April 2017
13th June 2017

**Times:**

10:00am-2:00pm

**Venue:** Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ
Understanding Child Sexual Exploitation

The course aims to give you the skills that you need to be able to recognise potential exploitation, to understand the complexity of the matter, understand why young people respond in the way that they do and know what constitutes best practice in responding to concerns.

Learning outcomes:

• Know the key indicators of CSE
• Understand “Vulnerabilities”
• Understand models of behaviour
• Understand what “Missing” means
• Understand the referral process
• Know how to report CSE
• Understand your responsibilities as a foster carer

Dates:

8th May 2017
15th September 2017
5th December 2017

Time: 10.00am-12.30pm

Venue: Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ

WRAP Workshop to Raise Awareness of Prevent

To have a clearer idea of the role that vulnerabilities and grievances can play in radicalization and how they can be exploited by radicalizers using terrorist ideology

Learning outcomes:

• Have a better understanding of the Prevent strategy and your role within it and how to involve Safeguarding
• Have the ability to use your existing expertise and professional judgement to recognise vulnerable individuals who may need support in a pre-criminal environment
• Understand the partnership referral pathway and interventions used

Dates:

4th May 2017 (Coneygre Arts Centre)
12th September 2017 (Roway Lane)
2nd November 2017 (Roway Lane)
15th February 2018 (Roway Lane)

Time: 9:30am-12:30pm

Venue; Coneygre Arts Centre, Sedgley Rd East, Tipton, DY4 8UH or Roway Lane, Direct 2 Industrial Park, Oldbury, B69 3EG

This training is run by Sandwell Safeguarding Children Board and can be booked via their website; sandwell.learningpool.com, if you do not have access to a computer please call 0121 569 4474
Artemis e-learning programme is a complementary learning package, it should be used in addition to face-face learning, and not as a sole replacement of your safeguarding learning.

Artemis e-learning programme is a suite of high quality courses for all those working or volunteering with children, young people and their families.

To engage with this online learning please follow [http://www.artemis-online.org.uk](http://www.artemis-online.org.uk)

For Artemis support please email artemis_advice_line@sandwell.gov.uk

if you do not have access to a computer please call Jenny Tarrant on 0121 569 8257

**Children’s Workforce Induction (Core)**

**Aim:** To deliver a high quality e-Learning package based on the seven elements of the Common Induction standards for working with children and young people

**Learning Outcomes:** On completion of this programme learners will;
- Gain access to further information around the modules including - discrimination and prejudice
- introduction to child development
- effective communication
- recognising challenging behaviour
- context of family
- keeping good records

Facilitated workshops are available to those of you who require support.

**Venue:**
Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ

**Times:**
10:00am-2:30pm

Delegates must attend **ALL** 4 dates

Please show your interest and a date will be organised.

**Information Sharing**

**Aim:** To deliver a high quality e-learning course based on the government’s guidance for practitioners and managers on sharing information

**Learning Outcomes:** On completion of this programme learners will;
- Understand how to use the 7 Golden rules as a resource
- Be able to use a flowchart to help understand the 7 key questions that inform decision making about information sharing

Know what resources and supports are available in information sharing.

**Integrated Working**

**Aim:** To provide the children’s workforce with tools to support integrated working and to enable them to use common processes, language and systems to the best advantage for children, young people and their families.
**Learning Outcomes**: On completion of this programme learners will;
Understand why working in an integrated way provides better outcomes for children
Understand the common processes used when working with children

**Child Protection Level 1 (Core)**

**Aim**: To introduce learners to the concept of providing protection to children in their care. The course will cover understanding the concept, the size of the challenge, how to spot issues of concern and what to do about them. This programme is seen as complementary to Safeguarding Children and Young People Module 1 and is not intended to replace it.

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Please show your interest and a date will be organised.

**Learning Outcomes**: On completion of this programme learners will;
Understand the concepts of safeguarding children and child protection
Recognise the signs and symptoms of abuse

**Child Sexual Exploitation**

**Aim**: To understand the nature, signs and indication and risks associated to Child Sexual exploitation (CSE)

**Learning Outcomes**: On completion of this programme learners will;
Recognise the groups that are especially vulnerable to CSE and the types of exploitation activity
Understand the impact of CSE on the child and their family
Understand the attitude of victims of CSE and strategies to engage with children at risk of exploitation

**Understanding Child Attachment (Core)**

**Aim**: To explain the attachment children have to their main carers. Understanding the basics of attachment theory in its various forms and stages can significantly improve outcomes for children

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Please show your interest and a date will be organised.

**Learning Outcomes**: On completion of this programme learners will;
Understand the attachment children have to main caregivers
Understand why and what happens when attachment goes wrong
Understand the different needs children have

**Working with Parents (Core)**

**Aim**: To introduce positive parenting structures and strategies, which can inform practice, promote self-efficiency and provide positive outcomes for parents, children and young people
Learning Outcomes: On completion of this programme learners will;
Gain an understanding of the parenting support networks and parenting roles
Have an introduction to government initiatives
Understand parental responsibilities

Working with Children & Young People with Disabilities (Core)
Aim: To equip practitioners with the knowledge to provide high quality care for children and young people with disabilities

Learning Outcomes: On completion of this programme learners will;
Understand more about disability and the difference between the social model of disability versus the medical model of disability
Understand more about multi-agency working
Understand more about discrimination against children and young people with disabilities and diversity, equality and inclusion

Promoting Participation
Aim: Based on government requirements, this course is designed to help anyone supporting children and young people to gain an understanding of the world of work. This is alongside a greater ability to identify, pursue and continue successful routes into education, employment or training until the age of 18

Learning Outcomes: On completion of this programme learners will;
Be aware of the ‘Raising the Participation Age’ agenda
Understand their role in raising aspirations and motivating children and young people
Appreciate the importance of good role models
Promote good practice and support transition
Challenge stereotypes and discriminatory ideas around careers and career pathways
Better support choices of learning, career pathways and accessing opportunities
Support the development of the skills, attitudes and attributes needed to be resilient and successful

Additional and specific support for those at risk of not accessing education, employment or training. For example, LAC, children with SEN and other vulnerable children and young people

Emotional Wellbeing and Risky Behaviours
Aim: To help practitioners learn more about children and young people's emotional wellbeing and the factors that affect this, such as substance use, risky sexual behaviours and anti-social behaviour (ASB).
Learning Outcomes: On completion of this programme learners will:
Be aware of factors that encourage risky behaviours in children and young people
Understand the effects of substances including alcohol and tobacco, emotional wellbeing and sexual health
Be able to identify barriers to behaviour change
Understand how to deliver successful interventions
Be aware of common traps in rapport building with children and young people

Domestic Violence and Abuse (DVA)
Aim: To help practitioners understand more about DVA, incorporating Forced Marriage (FM), Honour Based Violence (HBV) and Female Genital Mutilation (FGM).

Learning Outcomes: On completion of this programme learners will:
Be able to spot the signs of DVA, FM, HBV and FGM
Understand the harm these practices do to victims and their families
Be able to assess the risks associated with DVA, FM, HBV and FGM
Understand how to signpost victims to the help and support available
Better understand their responsibilities

Understand the difference between Forced Marriage and Arranged Marriage
Know what a MARAC is and how it can help high risk victims of abuse

A Signs of Safety approach to Working with Families (Core)
Aim: To introduce the principles and practice of the Signs of Safety framework and a solution focused approach.

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Learning outcomes: On completion of this programme learners will;
Recognise their own strengths and resources in the way they work
Understand the aspects of solution focussed practice that they already use and ways to develop these skills in their work

Understand the framework of the Signs of Safety approach and how solution focussed practice fits with this approach.

Information Sharing Governance

Aim: To deliver a high quality eLearning course based on the government’s guidance for practitioners and managers on sharing information

Learning outcomes:
Understand how to use the 7 Golden rules as a resource
Be able to use a flowchart to help understand the 7 key questions that inform decision making about information sharing
Know what resources and supports are available in information sharing.
E Safety - Facing the Facts

Foster Carers who wish to extend their knowledge of online safety

**Learning outcomes:**

- To develop your confidence and understanding of online safety.
- To promote your ability in identifying and minimising online risks of C&YP in your care
- To provide you with strategies for managing online behaviour in the home

This course will consider the 3 C’s of online safety – contact, content and conduct and how these relate to safe internet activity

We will identify and review supportive websites

The course will focus on the issues of social networking, sexting, cyber-bullying and digital footprints

We will enable you to devise safe and appropriate digital parenting strategies via a negotiable agreement for you and the child/young person in your care

**Dates:**

23rd May 2017

**Time:** 10.00am-12.30pm

**Venue:** Connor Education Centre, Connor Road, West Bromwich, B71 3DJ
Bereavement and Loss - Looked After Children

Learning outcomes:

Foster Carers who wish to extend their skills in meeting the needs of young people experiencing bereavement and loss

This course will promote your skills in understanding and dealing with children in your care who are experiencing loss and grief

• Consider the terminology of bereavement and loss
• Consider developmental understanding of loss
• Give you an understanding of the stages of grief
• Consider your approach to dealing with children and young people experiencing loss
• Consider the skills you need to provide the emotional containment necessary to enable the children to make sense of their loss
• Ensure you know how to consider yourself too

Dates:

8th May 2017

Time: 10.00am -12.30pm

Venue: Connor Education Centre, Connor Rd, West Bromwich, B71 3DJ

Managing Challenging Behaviour

The course will explain the different attachment styles and how these might impact on children’s behaviour. It will provide ideas and strategies to meet the needs of children with attachment difficulties.

The course will provide strategies to help children understand and manage their emotions. It will also provide a range of practical strategies to support children with challenging behaviour including the use of cognitive behaviour therapy techniques.

Learning outcomes:

To develop an understanding of difficulties in the attachment process.
To gain an understanding of behaviour as communication.
To provide strategies to support a range of challenging behaviours.
To consider strategies to help children understand and manage their emotions.

Dates:

Please show your interest and a date will be organised.

Time: 10.00am-12.30pm

Venue: Connor Education Centre, Connor Road, West Bromwich, B71 3DJ
Medication Level 2

The aim of the qualification is to provide learners with the underpinning knowledge to understand the safe handling requirements for medications in the health and social care sector and the process for the safe administration.

This qualification is valid for 3 years. There is no requalification course which reduces the course duration. Once the qualification has expired, or due to expire the learner is required to re undertake the course again in order to maintain the qualification.

Learning outcomes:

• Understand the aims and principles for the safe administration of medication.
• Understand the legislation and guidelines for the administration of medications.
• Know the preparations and precautions to be taken prior to and after the administration of medication to a patient.

Dates:

7th June 2017
9th October 2017

Time: 10:00am-2:00pm

Venue: Development House, Lombard St, West Bromwich, B70 8RT
This one day workshop would enable participants to support and empower children, young people and families to assess their own strengths and capabilities. It provides skills to take positive action in order to improve their own environment, relationships, experiences and outcomes.

Learning outcomes:

- Identify key issues that impact on CYP
- These would focus on issues such as bullying, family breakdown, loss, identity, culture, peer pressure, self-medication, relationships, bereavement, trauma, conflict, sex and sexuality etc.
- Investigate how CYP’s mental and emotional wellbeing can be supported and influenced by their environment, their peers, adults, families, social settings etc.
- Self-esteem will be addressed in the context of the individual but emphasis will be maintained on the core concepts of resilience, self-efficacy and confidence
- Explore communication theories in order to increase participants’ understanding of the way key interactions and positive environments can influence children and young people’s mental wellbeing
- Present anonymised but real life case studies and scenarios.

Learners would be expected to participate in a range of activities relating to these case studies e.g. role play, discussion, quizzes etc.

Dates:

26th May 2017  
6th June 2017  
7th July 2017  
15th August 2017  
15th September 2017  
10th October 2017  
17th November 2017  
12th December 2017  
16th February 2018  
13th March 2018

Time: 9:30am – 4:30pm

Venue: Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ
ASIST is a comprehensive two-day course which enables participants to become more willing, ready and able to help persons at risk of suicide. Licensed, standardised and delivered worldwide, it is an interactive and practical course proven to help caregivers learn how to identify risk and intervene to prevent the immediate risk of suicide.

**Learning outcomes:**

- Recognise when someone may be thinking of suicide:
- Respond in ways that clarify and address suicide risk
- Understand why thoughts of suicide are present
- Work together to review risk and increase safety
- Facilitate links with further help
- Consider the effect of attitudes and experiences
- Learn and apply a model for Suicide First Aid in many settings
- Share ways to support yourself as a helper
- Build a collaborative approach to intervention focused on positive outcomes
- Demonstrate the skills required to intervene when there is a risk of suicide

**Dates:**

12th & 13th June 2017  
7th & 8th September 2017  
16th & 17th October 2017  
15th & 16th November 2017

**Time:** 9:30am – 4:30pm

Venue: Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ

**ICT Basics**

**Learning outcomes:**

To give foster carers the knowledge and confidence to navigate around a PC as well as understanding simple commands and shortcuts.

**Dates:**

14th June 2017  
21st September 2017  
6th December 2017

**Time:** 10:00am – 12:30pm

Venue: Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ
Safe-TALK is a half-day (3.5 hours) training course that can help you make a difference. Know what to do if someone’s suicidal by following the easy to remember TALK steps - Tell, Ask, Listen and Keep-safe.

These practical steps offer immediate help to someone having thoughts of suicide and helps you both move forward to connect with more specialised support.

**Learning outcomes:**

- Identify people thinking of suicide
- Overcome barriers in talking about suicide
- Identify reasons we may miss, dismiss or avoid suicide
- Practice using the 4-step model of suicide alertness
- Connect people at risk of suicide with further appropriate help

**Dates:**

12th May 2017  
21st June 2017  
28th July 2017  
24th August 2017  
21st September 2017  
18th October 2017  
23rd November 2017  
14th December 2017

**Time:** 9:00am-12:30pm

**Venue:** Operations & Development House, Roway Lane, Oldbury, West Midlands, B69 3ES
Managing Allegations

- This course will explore the legal, regulatory and practice context in relation to allegations. You will look at the reasons why thresholds effect decisions about allegations.
- Learning outcomes:
  - To understand the way allegations are dealt with (the process).
  - To understand who does what in relation to allegations (roles and responsibilities).
  - To understand why allegations are dealt with in this way.

Dates:
11th May 2017
12th September 2017

Time: 10:00am-2:30pm

Venue: Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ

Promoting Equality and Inclusion

This course provides an introduction to the Equality Act 2010 and details each of the protected characteristics so you can learn more about what they are and how to avoid discrimination through your words and actions. The course looks at which behaviours are prohibited by the Equality Act and aims to help you to promote a fairer, more tolerant and more diverse environment

Learning outcomes:
- What is meant by Equality and Diversity
- What influences our value system
- Application of theory into practice

Dates:
29th June 2017
10th October 2017

Time: 10.00am–1.00pm

Venue: Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ
Learning outcomes:

Explore the concepts of mental health, well-being and resilience in children
Gain an understanding of how to recognise signs of anxiety or depression in children.
Consider ways in which they can provide support and containment for children in distress.
Think about when, how and who to ask for additional support.

Dates:

Please show your interest and a date will be organised.

Time:

10:00am-12:30pm

Venue: Connor Education Centre, Connor Road, West Bromwich, B71 3DJ
Mental Health and Well-being Awareness

This course encourages individuals to understand and explore mental health and what basic steps can be taken to support someone experiencing mental illness

Learning outcomes:

• A better understanding of mental health, wellbeing and mental illness and the ability to contribute towards the de-stigmatizing of mental health
• An introduction to commonly known mental health conditions, their signs and symptoms, and possible causes and treatments. Practical techniques and strategies as to how you can best support individuals within your community and service area. What you can do within your role to appropriately refer and signpost individuals to more specialist local support services

Dates:

15th May 2017
9th June 2017
24th July 2017
8th September 2017
11th October 2017
16th November 2017
5th December 2017

Time: 9:30am – 4:30pm

Venue: Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ

Self Harm Awareness

Learning outcomes:

• To develop understanding and awareness of self-harm and self-injury in Young People
• To look at prevalence of Self-harm and vulnerable groups including Young People
• To explore and consider some of the reasons and purpose behind self-harming behaviour
• How to respond to self-harm in a sensitive and appropriate way and offer support

Dates:

31st May 2017
15th June 2017
11th July 2017
19th September 2017
30th October 2017
14th November 2017

Time: 9:30am – 4:30pm

Venue: Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ
Level 2 Food Safety

The course will provide learners with the knowledge to serve as well as prepare food safely, hygienically and in accordance with best practice.

Learning outcomes:

• Understand how individuals can take personal responsibility for food safety
• Understand the importance of keeping him/herself clean and hygienic
• Understand the importance of keeping the work areas clean and hygienic
• Understand the importance of keeping food safe

Dates:

14th June 2017 9.30-4.30
25th & 26th September 2017 10.00am-2.00pm

Time:

Venue: Development House, Lombard St, West Bromwich, B70 8RT
(Free parking at rear)

Outcomes Star

The Outcomes Star™ both measures and supports progress for service users towards self-reliance or other goals. The Stars are designed to be completed collaboratively as an integral part of keywork.

Learning outcomes:

• Introduction to the Star and Journey of Change
• How to use the Star with clients
• How to use the Star as a basis for action plans and reviews

Dates:

5th May 2017
24th May 2017
6th June 2017
23rd June 2017
5th July 2017
13th July 2017
5th September 2017
20th September 2017
12th October 2017

Time: 9:30am – 4:30pm

Venue: Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ
**Emotion Coaching**

This course will provide an awareness of what emotion coaching is and why children might benefit from emotion coaching. You will develop your skills as an emotion coach to help children understand and manage their emotions.

**Learning outcomes:**

- The course will highlight the importance of relationships for children to understand and manage their emotions
- The course will allow you to reflect on how you respond to children’s emotions
- The course will suggest how key adults can help children to develop internal frameworks for regulation of emotions
- The course will provide guidance on how to help children make sense of and manage their emotions and behaviour.

**Dates:**

23rd June 2017

**Time:** 10.00am -12.30pm

**Venue:** Connor Education Centre, Connor Rd, West Bromwich, B71 3DJ

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**Understanding Adolescence**

This course will promote your confidence and skills in understanding and managing adolescents in your care.

**Learning outcomes:**

This course will inform you how the teenage brain develops and how it impacts on adolescent behaviour

- We will consider the physiological changes of puberty and their effect on emotional well-being
- The course will explore why adolescents take risks and how to help them keep safe
- The course will give you time and space to reflect on your role in supporting adolescents in your care through this major transition point in their life

**Dates:**

13th July 2017

**Time:**

10.00am -12.30pm

**Venue:** Connor Education Centre, Connor Rd, West Bromwich, B71 3DJ
The NCVI/MAPA programme is a safe non-harmful behaviour management system designed to help professional provide the best care, welfare, safety and security for disruptive and out of control children.

Learning outcomes:

• To instil confidence in carers to respond appropriately to potentially violent situations.
• To understand, manage and reduce risk when dealing with potentially aggressive young people.
• To teach personal safety techniques and restrictive physical intervention in a safe, non-harmful way.

Please show your interest and a date will be organised.

Time: 10:30am-2:30pm

Venue: Connor Education Centre, Connor Road, West Bromwich, B71 3DJ

This training is run by Sandwell Safeguarding Children Board and can be booked via their website; sandwell.learningpool.com, if you do not have access to a computer please call 0121 569 4474

This workshop is recommended for all staff and volunteers who working closely with children & young people.

Learning outcomes:

• To be able to recognise the potential signs and indicators of sexual abuse
• To have explored the impact of child sexual abuse upon children and young people
• To be aware of the multi-agency approach behind the investigation of child sex abuse in safeguarding children and young people
• To be aware of the services available for reporting, investigating and supporting the victims of child sexual abuse
• For practitioners to have an awareness of about people that commit sexual offences against children are which agencies and processes work together to manage the risk that they may pose to children and young people

Dates:

10th July 2017
16th October 2017
28th September 2017

Times: 9:30am – 4:00pm

Venue: Coneygre Centre, Sedgley Road East, Tipton, West Midlands

This training is run by Sandwell Safeguarding Children Board and can be booked via their website; sandwell.learningpool.com, if you do not have access to a computer please call 0121 569 4474
**Awareness of Forced Marriages and Honour Based Violence**

To raise awareness of Forced Marriage and Honour Based Violence and understand how to respond appropriately to disclosures

**Learning outcomes:**

- Have an increased understanding of Forced marriage
- Understand the concept of shame that is associated with ‘honour’-based violence
- Understand how to recognise and respond appropriately to signs of FM and HBV
- Be able to refer to specialist services and local care pathways (and follow relevant safeguarding children and adult processes.)
- Understand any new relevant legislation

**Dates & Times:**

7th June 2017 - 9:30am-1:00pm
13th September 2017 - 9:30am-1:00pm

**Venue:** Coneygre Centre, Sedgley Road East, Tipton, DY4 8UH

This training is run by Sandwell Safeguarding Children Board and can be booked via their website; sandwell.learningpool.com, if you do not have access to a computer please call 0121 569 4474

**Understanding of Neglect**

To raise awareness and understanding of childhood neglect.

**Learning outcomes:**

- To recognise concerns.
- How to work with families.
- What factors impact on children and their families that lead to childhood neglect.
- To make sense of relevant information.

**Dates:**

**Morning Sessions 9.30am – 12.30pm** (Registration at 9.15)

25th April 2017
16th November 2017

**Afternoon Sessions 1.30pm - 4.30pm** (Registration at 1.15)

4th July 2017

**Evening Sessions 5.00pm – 8.00pm** (Registration at 4.45)

11th October 2017

**Venue:** Coneygre Centre, Sedgley Road East, Tipton, DY4 8UH

This training is run by Sandwell Safeguarding Children Board and can be booked via their website; sandwell.learningpool.com, if you do not have access to a computer please call 0121 569 4474
To discuss the implications of any combination of mental health, substance misuse, domestic abuse on parenting capacity and the family environment. Learners should have already have undertaken basic awareness training on these issues prior to attending this course

Learning outcomes:

To develop an understanding of how to work with families complex needs (where there is the co-existence of domestic abuse, mental health and substance misuse issues) and where parenting may be compromised.

- Look at the needs and implications of working with families where there are multiple service users, including the importance of information sharing and partnership working.
- To understand the children’s experience and subsequent needs.
- To understand your roles and responsibilities, the pathways and resources available to support your work.

To have an understanding of the application of lessons leant from Serious Case Reviews and Domestic Homicide

Dates:

3rd May 2017
21st June 2017
20th September 2017
28th November 2017

Time: 9:30am-4:30pm

Venue: Coneygre Centre, Sedgley Road East, Tipton, DY4 8UH

This training is run by Sandwell Safeguarding Children Board and can be booked via their website; sandwell.learningpool.com, if you do not have access to a computer please call 0121 569 4474
To raise awareness of female genital mutilation and to understand how to respond appropriately to disclosures

Learning outcomes:

• Have an increased understanding of Female Genital Mutilation
• Understand how to recognise and respond appropriately to signs of FGM.
• Be able to refer to specialist services and local care pathways (and follow relevant safeguarding children and adult processes.)
• Understand any new relevant legislation

Dates and Times:

17th May 2017 - 9:30am-1:00pm
22nd June 2017 - 9:30am-1:00pm
5th December 2017 - 9:30am-1:00pm

Venue: Coneygre Arts Centre, Sedgley Road East, Tipton, DY4 8UH

This training is run by Sandwell Safeguarding Children Board and can be booked via their website; sandwell.learningpool.com, if you do not have access to a computer please call 0121 569 4474
Level 3 Safeguarding Children & Young People

To enable participants to develop their knowledge, skills and ability to work together with other agencies to safeguard children and young people
To ensure that participants are aware of information sharing, the referral processes

Pre Course Requisite
Before attending this course delegates must have completed either a face to face or online introductory course in safeguarding children and young people, this course should have included recognising signs/symptoms of abuse and how to respond if you believe a child is in need of safeguarding or protecting.

Learning outcomes:

• Be aware of their roles and responsibilities for safeguarding children and young people
• Be aware of other inter-agency roles and responsibilities for safeguarding and promoting the welfare of children
• Understand and contribute towards the processes outlined in ‘What to do if you’re worried a child is being abused’ i.e.
• Understand how to make a referral and the possible outcome of this referral
• Consider key area of safeguarding practice including information sharing; consent and confidentiality; escalation.
• Consider how to demonstrate professional curiosity and a questioning stance in practice with children and young people

Dates:

11th April 2017
18th May 2017
13th June 2017
3rd July 2017

Times:

9:30am - 4:30pm

Venue:

Coneygre Arts Centre, Sedgley Road East, Tipton, DY4 8UH

This training is run by Sandwell Safeguarding Children Board and can be booked via their website; sandwell.learningpool.com, if you do not have access to a computer please call 0121 569 4474
Delegates should ideally have completed the Artemis e-learning module on Domestic Violence and Abuse before attending this Generic Level 1 DVA training. This is an introductory Level 1 course which provides staff from both the children’s and adults’ workforce across all partner organisations with a broad and comprehensive introduction to domestic violence and abuse issues.

**Learning outcomes:**

- To develop an understanding of the dynamics of domestic violence and abuse (DVA)
- To be able to recognise the signs and symptoms of DVA
- To be able to recognise the links to mental health, alcohol and substance misuse
- To have an awareness of the legal duties in relation to child protection, vulnerable adults and domestic abuse victims
- To have an understanding of the concept of shame that is associated with “honour”- based violence
- To have an increased understanding of forced marriage and female genital mutilation
- To be able to respond to a disclosure of domestic violence sensitively and in a way that ensures people’s safety
- To have an understanding of the 7 golden rules of information sharing
- To understand the impact on children who witness domestic abuse
- To have received an introduction to Serious Case Reviews and Domestic Homicide Reviews

**Dates:**

4th July 2017  
4th October 2017  
8th December 2017

**Time:** 9:30am – 4:30pm

**Venue:** Coneygre Centre, Sedgley Road East, Tipton, DY4 8UH

This training is run by Sandwell Safeguarding Children Board and can be booked via their website; sandwell.learningpool.com, if you do not have access to a computer please call 0121 569 4474
Delegates should have completed an introductory course on domestic violence and abuse e.g. DVA generic level 1 training course or similar. This Level 2 course will build on the learning outcomes in the DVA Level 1 course and will provide staff from both the children’s and adults’ workforce across all partner organisations with specific responsibilities for dealing with domestic abuse with broad and comprehensive practical learning on domestic violence and abuse issues.

Learning outcomes:

- Know how to ask about domestic violence and abuse in a way that makes it easier for people to disclose it.
- Competently and confidently recognise and respond to the signs of DVA
- Understand the epidemiology of domestic violence and abuse, how it affects people’s lives and the role of professionals in intervening safely
- Know how to respond with empathy and understanding and assess someone’s immediate safety
- Be able to refer to specialist services and local care pathways (and follow relevant safeguarding children and adult processes.)
- Understand the main content areas of the Barnardo’s Screening tool (for young people and children) and DASH risk assessment tool (for both adults and 16-18 year olds)
- Understand how to recognise and respond appropriately to signs of female genital mutilation/forced marriage and HBV
- Have an understanding of and the implications of the Toxic Trio
- Have an awareness of the tool kits available to support their work
- Understand how to refer into a MARAC (Multi Agency Risk Assessment Conference)
- Learn from Domestic Homicide Reviews and Serious Case Reviews and be able to apply the learning to their professional work
- Conduct and complete appropriate Information sharing and documentation
- Have an understanding of any new relevant legislation

Dates:

12th May 2017
12th September 2017
15th November 2017

Time: 9:30am – 4:30pm

Venue: Coneygre Centre, Sedgley Road East, Tipton, DY4 8UH

This training is run by Sandwell Safeguarding Children Board and can be booked via their website; sandwell.learningpool.com, if you do not have access to a computer please call 0121 569 4474
Understanding risk for children

**Learning outcomes:**

- To enable young people to understand risk and what can cause risks for them in an age appropriate way
- To enable parents, carers and guardians (PCG) to understand what can cause harm and risk for their child(ren) and take steps to address this
- To prevent accidents and injuries to young people
- To build resilience in young people and wider members of the household
- To promote healthy living and staying safe as a positive thing to do
- To encourage young people to share worries and fears with adults they are told they can trust
- To encourage PCG to spend time with their child(ren), to play and learn together, to improve their lives

**Dates:**

Please show your interest and a date will be organised.

**Time:** 10.00am-12.00pm

**Venue:** Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ
Making Maths REAL!

The Making Maths REAL training is about supporting children’s every day early mathematical development through focusing on 3 strands:

Environmental maths: mathematics that the child might encounter and experience in packaging, labelling, signs, the built environment and the natural environment.

Everyday maths: mathematics that the child might encounter and experience through meaningful everyday experiences such as eating, drinking, moving, dressing and play.

Stories, songs and rhymes: mathematics that the child might encounter and experience through stories, songs and rhymes.

Practitioners learn about the ORIM framework which is used to plan and reflect on how parents/carers can help their children’s early mathematical development by providing opportunities, recognising children’s achievements, interacting and modelling early mathematical skills.

**Dates:**

Please show your interest and a date will be organised.

**Time:** 10:00am - 2:30pm

**Venue:** Yemeni Centre, Greets Green Access Centre, Tildasley Street, West Bromwich, West Midlands. B70 9SJ
Making it REAL (Raising Early Achievement in Literacy)

The REAL project supports the early home learning environment. Practitioners learn about the ORIM framework which is used to plan and reflect on how parents/carers can help their children’s early literacy development by providing opportunities, recognising children’s achievements, interacting and modelling literacy use. The four strands of early literacy experiences focused on are environmental print, books, early writing and oral language.

Making it REAL has a powerful impact on children and families. Practitioners improve their skills in working with families, parents/carers develop confidence and children make real gains in early literacy and language development.

**Dates:**

- Session 1: 27th June 2017
- Session 2: 4th July 2017
- Session 3: 11th July 2017
- Session 4: 18th July 2017

**Foster Carers must attend ALL 4 sessions**

**Time:** 10:00am-2:30pm

**Venue:** Cape Hill Childrens Centre, Corbett Street, Smethwick, B66 3PX
The Forrest School Approach

To explore how a forest school approach can contribute to improving the likelihood of secure attachments and placement stability for looked after children in Sandwell

Learning outcomes:

After the training participants will:

- Be able to initiate and recognise opportunities for positive adult child interactions
- Become more sensitive and attuned to these opportunities and be better positioned to support these moments happening more often
- Gain the skills to understand the value of focusing on the process rather than the end product and make insightful observations without the need to make judgements
- Please note that most of the training will take place in the outdoors and so appropriate outdoor clothing and footwear are essential

Dates: 18th May 2017
Time: 10.00am-2.00pm
Venue: Sandwell Valley Park Farm, Salters Lane, West Bromwich, B71 4BG

Importance of Play

To provide participants with a broader understanding of the importance of play, and child initiated learning.

Learning outcomes:

- To enable participants to develop their confidence in facilitating playful opportunities and interactions.
- To explore planning and resourcing ideas to take away.
- Demonstrate an understanding of the importance of play for children and its beneficial qualities.
- Demonstrate knowledge of activities and resources that can be used to create enabling playful environments.
- Demonstrate a knowledge of the adults role in facilitating playful interactions

Dates:
30th June 2017

Time: 10.00am-2.00pm
Venue: Out to Play, Corbett Street, Smethwick, B66 3PX
**Sex Drugs Rock N Roll**

**Learning outcomes:**

- To equip professionals with basic knowledge on sexual health topics
- To equip professionals with basic knowledge on alcohol, drugs and tobacco
- To be taught how to deliver, and practice, the interventions for alcohol, drugs and tobacco based on the Intervention and Brief advice approach
- To be taught how to deliver, and practice, the interventions sexual health based on the Intervention and Brief advice approach
- To provide signposting information to DECCA and Brook services

This is a 2 day course

**Dates:**

Please show your interest and a date will be organised.

**Time:** 10.00am-2.30pm

**Venue:** Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ

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**Managing Autism Spectrum Disorder (ASD) and Understanding Challenging Behaviour**

This course will give you an opportunity to explore ASD impairments – Social Communication, Social Interaction, Inflexibility of thought and Sensory processing

**Learning outcomes:**

- Know the implications of the quad of impairments and the challenges underpinning the autism spectrum
- Understand how behaviour is communicated and the links to sensory needs
- Know how to build in sensory stimulation
- Identify triggers for behaviours that challenge and provide strategies to support and regulate

**Dates:**

Please show your interest and a date will be organised.

**Time:** 10:00am- 2:30pm

**Venue:** Connor Education Centre, Connor Road, West Bromwich, B71 3DJ
ADHD: what is it and practical strategies to use in the home

This course will help you develop an understanding of Attention Deficit Hyperactivity Disorder (ADHD), its characteristics, medication and strategies.

**Learning outcomes:**

- Explore what ADHD is
- Look at diagnosis and medication
- Explore practical strategies for the home

**Dates:**

15th May 2017

**Time:**

10.00am-2.00pm

**Venue:** Connor Education Centre, Connor Road, West Bromwich, B71 3DJ
Men Who Foster

This course is designed for men who foster, and will include discussion of foster care issues for men and how they are relevant to today's foster care setting within Sandwell.

Learning outcomes:

- Role of men
- Fostering role models
- Dealing with behaviour
- Consistency and support
- Therapeutic activities/play
- Supporting Sandwell children
- What's worked for you
- Concerns of male foster carers
- Social constructionism
- Male communication
- Role of gender

Dates:

27th June 2017
15th November 2017

Time: 10.00am-2.30pm

Venue: Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ

Total Respect Training - Independent Living Skills (From care to independence)

Learning outcomes:

This module of Total Respect Training will focus on how you can support CYP to move from care to independence through support and promoting Independent Living Skills. You will explore different approaches to ensure care leavers have the same opportunities as other young people when transitioning from care to independent living.

Dates:

25th May 2017
30th October 2017

Time:

10.00am-2.00pm

Venue: 1 Providence Place, West Bromwich, B70 8SZ
This module of Total Respect Training will focus on the following aims:

- Finds out what helps or hinders listening and communicating
- Looks at the experiences and feelings of children & young people (CYP) when facing change. E.g coming into care, a new placement, a new social worker etc.
- Shows you the importance of recognising and respecting children and young people as individuals

**Learning outcomes:**

- Recognise the importance of clearly listening to CYP
- Be aware of your own listening skills and areas for further development
- Consider the thoughts and feelings that lies beyond the presenting behaviour of a CYP
- Identify ways of communication with CYP
- Recognise the problems CYP come across when they face change in their lives
- Identify ways of helping CYP manage change
- Recognise the importance of having personal knowledge about the CYP you look after
- Understand the importance of respecting CYP as individuals
- Think of ways of building relationships with CYP

**Dates:**

30th June 2017
28th November 2017

**Time:**

10.00am-2.00pm

**Venue:** Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ
This module of Total Respect Training will focus on the following aims:

- Develop ideas for increasing opportunities for Children & Young People (CYP) to participate in decision making at different levels
- Increase your knowledge and understanding of the purpose and nature of independent advocacy
- Think about what is needed for people to feel confident about making a complaint
- Understand how CYP experience the complaints procedure

Help you develop the skills to promote and argue the rights of CYP to participate in the decision making process

**Learning outcomes:**

- Identify ways to provide more opportunities for CYP to participate in day-to-day decisions making
- Understand how to work together to make these things happen
- Identify the barriers for individual roles that prevents CYP taking part in decision making
- Understand that we all may need and advocate at some stage in our lives
- Recognise the difference between independent advocacy and the roles of other important people in the lives of CYP
- Know what independent advocacy is and what it is not
- Understand how CYP feel when they experience being treated unfairly
- Recognise how difficult it is for CYP to make a formal complaint
- Consider ways in how you listen to CYP and how you can learn from them
- Understand how difficulty it can be to promote participation
- Think creatively, how to promote participation
- Identify why it is important to promote participation in your everyday work

**Dates:**

25th April 2017
22nd September 2017

**Time:**

10.00am-2.00pm

**Venue:** Regional Business Centre, 1 Providence Place, West Bromwich, B70 8SZ
Positive Lives Using Skills

Plus Programme

<table>
<thead>
<tr>
<th>Training</th>
<th>Dates</th>
<th>Times</th>
<th>Venue</th>
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<tbody>
<tr>
<td>Managing Stress</td>
<td>15\textsuperscript{th} March 2017</td>
<td>10.00-12.00</td>
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<td>Managing Anxiety</td>
<td>22\textsuperscript{nd} March 2017</td>
<td>10.00-12.00</td>
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<td>Challenging Unhelpful Thinking</td>
<td>29\textsuperscript{th} March 2017</td>
<td>10.00-12.00</td>
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<td>Managing Low Mood and Depression</td>
<td>5\textsuperscript{th} April 2017</td>
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<td>Communication &amp; Assertiveness</td>
<td>26\textsuperscript{th} April 2017</td>
<td>10.00-12.00</td>
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<tr>
<td>Sleep Hygiene &amp; Relaxation Techniques</td>
<td>3\textsuperscript{rd} May 2017</td>
<td>10.00-12.00</td>
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<td>Introduction to Anger &amp; Frustration</td>
<td>10\textsuperscript{th} May 2017</td>
<td>10.00-12.00</td>
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<td>Building Confidence &amp; Self-Esteem</td>
<td>17\textsuperscript{th} May 2017</td>
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<td>Embracing Joy &amp; Happiness</td>
<td>24\textsuperscript{th} May 2017</td>
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<td>Wellness &amp; Recovery Planning</td>
<td>31\textsuperscript{st} May 2017</td>
<td>10.00-12.00</td>
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4th Floor, Hawthorns House
Halfords Lane
West Bromwich
B66 1BB